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## Referral for Physical Therapy Information

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In the state of Texas, you do not need a referral to be evaluated by a physical therapist.

After you are evaluated, you can be treated for physical therapy for **up to 15 business days without a referral**.

After 15 business days, you will need a **referral or signed plan of care** from a physician, chiropractor, or nurse practitioner. This applies to all physical therapy in Texas regardless of insurance or cash-based services.

<b>If you have a primary care physician or see a chiropractor:</b>
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We can fax our physical therapy evaluation notes directly to your primary care physician or chiropractor to obtain a referral to continue treatment.
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If you have seen your provider recently and they are familiar with your case, they may refer you to physical therapy without seeing you in person. In some cases, your provider may need to see you in person in order to write you a referral for physical therapy.
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<b>If you do not have a primary care physician or see a chiropractor:</b>
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You will need to make an appointment with a primary care physician, nurse practitioner, or chiropractor to obtain a referral for physical therapy.
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Here are some options for primary care providers in Austin and surrounding communities:
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<a href="#"><u>Village Medical Central Austin</u></a>
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<a href="#"><u>Dr. Anne Adams-Austin</u></a>
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<a href="#"><u>PA Carrie Barlow- Pflugerville</u></a>
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<a href="#"><u>Dr. Kevin Lewis-Manor</u></a>
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<a href="#"><u>Dr. Shane Keller-Round Rock</u></a>
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<a href="#"><u>Total Men's Primary Care</u></a>
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We also work with a few local chiropractors who can do an exam and write a referral for physical therapy.
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<a href="#"><u>Dr. Nate Funk, Curis Functional Health, Round Rock</u></a>
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<a href="#"><u>Dr. Ben Spitzenberger, Focused on You Chiropractic-Round Rock</u></a>
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